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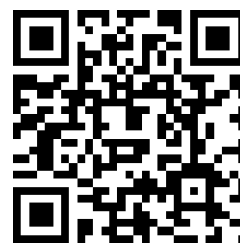
IV International Scientific and Theoretical Conference

**Technologies and strategies
for the implementation of
scientific achievements**

10.11.2023

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SECTION 21.

MEDICAL SCIENCES AND PUBLIC HEALTH

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HEALTH CARE COMPETENCES OF STUDENTS AND PROBLEMS OF THEIR FORMATION IN THE EDUCATIONAL TRAINING PROCESS OF FUTURE DOCTORS

At the center of the structural changes that are taking place in the educational sector of Ukraine in accordance with the requirements of the law “On Higher Education”, there are both issues of improving the organization of educational activities and issues of solving a whole series of problems that involve the creation of prerequisites for the formation of health safeguarding competencies of participants in the educational process, aimed at the implementation of various preventive, health-improving measures and health preservation. That is why the process of teaching educational disciplines of both preventive and theoretical and clinical medicine, first of all, should be subordinated to the formation of health-preserving competencies of students in the process of educational and professional training of future doctors, the development of the scientific basis for the introduction of which became the goal of the study [1, 2, 3].

In this regard, during the educational process at the Department of General Hygiene and Ecology and other Departments of the National Pirogov Memorial Medical University, the data of scientific research in the field of university medicine and, first of all, university hygiene are widely used, which determine the presence of deviations from the leading indicators of the nature of the organization of the daily activities of young woman and young woman from generally accepted normative provisions and, above all, insufficient duration of night sleep, exceeding the regulations of the maximum permissible duration of daytime stay in the walls of higher educational institutions and the length of time allocated for training, low level of physical activity, etc. Ensuring the solution of the above problems at the individual level in combination with knowledge of the data of the professional assessment of the labor process, psychophysiograms and psychograms of the main medical and dental specialties, individually significant risk factors for the development of various deviations from the natural course of the processes of professional formation and the leading directions for the use of means of corrective content significantly increase the level of health-preserving competencies of students both during the implementation of intense educational activities and create the basis for their further use in the patient environment during the performance of professional duties in the future.

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