



INNOVATIVE WAYS OF IMPROVING MEDICINE, PSYCHOLOGY AND BIOLOGY

Collective monograph

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4.2 Measures to improve the provision of psychological and psychotherapeutic assistance to the population of Ukraine and EU countries

In order to ensure social protection and psychological well-being of the population of Ukraine, to ensure access of citizens to qualified psychological and psychotherapeutic assistance, the issues arising in the field of psychological and psychotherapeutic assistance to the population in Ukraine are determined by:

1) legal, organizational and economic principles of providing psychological and psychotherapeutic assistance

2) rights and obligations of a person and a citizen, certain groups of the population of Ukraine in the field of psychological and psychotherapeutic assistance, guarantees of realization of these rights

3) powers of the state authorities of Ukraine, state authorities of the subjects of Ukraine and local self-government bodies/voluntary associations of territorial communities in the field of psychological and psychotherapeutic assistance;

4) rights and obligations of persons providing psychological and psychotherapeutic assistance to the population of Ukraine;

5) control, supervision and responsibility in the field of psychological and psychotherapeutic assistance

2. The provisions of this Law do not apply to relations in the field of psychiatric care for citizens of Ukraine.

Basic concepts used:

1. Psychological influence is the use of directed actions on the human psyche, conscious or unconscious, by means of persuasion, psychological preformation or suggestion to form a certain system of ideas, actions and attitudes that are subjectively perceived by the person as personally belonging

2. Psychotherapeutic influence is the use of methods aimed at the human psyche, conscious or unconscious, by means of persuasion, psychological preformation or suggestion for the treatment, rehabilitation and prevention of health disorders.

3. Psychological assistance (first) - a set of professional measures of universal human support and assistance to a person, family by persons providing psychological assistance in preventing, solving, overcoming his/her psychological problems, difficult life and crisis situations and their consequences, that disrupt his/her normal life activity and cannot be overcome by him/her independently, contributing to the maintenance of mental and somatic health, optimization of mental development, social adaptation, self-development, self-realization, rehabilitation and improvement of the quality of life.

4. Psychotherapeutic assistance is a system of professional support and assistance to a person and family by individuals aimed at solving deep personal problems and deep transformation of the personality, it can be clinical and non-clinical.

5. Recipient of psychological, psychotherapeutic assistance - a person who is in a difficult psychological situation, experiencing an unfavorable psychological state (impaired cognitive function, emotional response, disorganization, loss of ability to control their behavior, impaired adaptation to the world around them, demoralization, etc.

6. Persons providing psychological, psychotherapeutic assistance - public or private institutions that provide psychological, psychotherapeutic assistance.

7. Psychologist - a natural person who has a higher psychological education in the field of training "Psychology" (master, specialist), has successfully completed supervision and/or internship and passed the qualification exam.

8. A psychologist is a specialist who has a complete higher education (master's degree, specialist) in the field of medicine, specialization in medical psychology.

9. Clinical psychologist - a person who conducts diagnostic studies and analysis of psychiatric disorders in persons with somatic and psychological disorders or mental disorders, who has a complete higher education (master's degree, specialist) in the field of medicine, specialization in medical psychology or clinical psychology, specialization in psychotherapy.

10. A psychotherapist is a specialist who has a complete higher education in the field of medicine, medical psychology or clinical psychology and specialization in psychotherapy.

11. Standard of psychological assistance is a document that establishes requirements for methods, forms, scope, place, timing and quality of psychological and psychotherapeutic assistance.

12. The quality of psychological and psychotherapeutic assistance is a set of indicators reflecting the timeliness of psychological and psychotherapeutic assistance, the correct choice of methods, volume, terms of psychological and psychotherapeutic assistance, the degree of achievement of the planned result.

The use of the terms "psychologist", "psychologist", "clinical psychologist", "psychotherapist", "psychological assistance", "psychotherapeutic assistance", "psychological consultation" or phrases including these terms in the names of state organizations is allowed only by persons engaged in the provision of psychological and psychotherapeutic assistance in accordance with this Law.

Legislation in the field of psychological assistance:

1. Legislation in the field of psychological and psychotherapeutic assistance is based on the Constitution of Ukraine and consists of this law, other state laws, orders, and other normative legal acts of Ukraine adopted in accordance with it.

2. The norms on psychological and psychotherapeutic assistance contained in other state laws, orders and other normative legal acts of Ukraine.

3. In case of inconsistency with the norms on psychological and psychotherapeutic assistance contained in other state laws, orders and other regulatory legal acts of Ukraine.

4. Local self-government bodies/voluntary associations of territorial communities within their competence have the right to issue municipal legal acts containing norms on psychological and psychotherapeutic assistance in accordance with this Law, other state laws, other normative legal acts of Ukraine, laws, orders and other normative legal acts of the subjects of Ukraine.

5. If an international treaty of Ukraine establishes rules other than the rules in the field of mental health and psychological assistance provided for by this law, the rules of the international treaty shall apply.

6. These provisions also apply to foreign citizens and stateless persons, unless otherwise provided by laws or international treaties of Ukraine.

State Policy in the Field of Psychological and Psychotherapeutic Assistance to the Population of Ukraine

1. The state pursues a policy of promoting the realization of the rights of citizens to receive timely, accessible and high-quality psychological assistance.

2. The State policy in the field of mental health and psychological assistance is aimed at:

1) creating conditions that ensure psychological well-being and improve the quality of life of the population in Ukraine

2) support of mental and somatic health, optimization of mental development, adaptation, self-development, self-realization, rehabilitation of the population of Ukraine

3) ensuring equal opportunities for all citizens of Ukraine, regardless of nationality, gender, age, social status, political beliefs and attitude to religion, in the exercise of the right to psychological and psychotherapeutic assistance;

4) implementation of measures that contribute to the prevention, resolution, and overcoming of difficult life and crisis situations and their consequences by persons with psychological problems (including: minors; young people; disabled people; single and large families raising minor children; children; dysfunctional families, families in difficult life situations, pregnant women, the unemployed, persons released from penitentiary institutions, persons of pre-retirement age and pensioners, citizens discharged from military service and their families; persons prone to suicide, persons with diseases (oncology, HIV, AIDS, venereology, tuberculosis, etc.) and their relatives; persons affected by emergencies, military operations, relatives of the victims and the deceased;

5) coordination of activities of state bodies and state institutions involved in the development and implementation of measures in the field of mental health, psychological and psychotherapeutic assistance;

6) coordination of activities in the field of mental health, psychological and psychotherapeutic assistance with activities in other areas of economic and social policy;

7) monitoring social tensions and negative psychological trends in society,

8) exercising state control and supervision in the field of mental health and psychological assistance;

9) promoting the development of labor resources, increasing labor efficiency and psychological comfort in the workplace by creating psychological relief rooms (zones) by employers;

10) international cooperation in solving problems in the field of mental health, psychological assistance, including issues related to psychological assistance to Ukrainian citizens outside the territory of Ukraine and foreign citizens in Ukraine, compliance with international standards.

3. State institutions engaged in providing psychological assistance to the population of Ukraine, in cases established by this Law, other state laws, orders and other regulatory legal acts of Ukraine, shall provide free psychological assistance, including first aid.

Basic principles and directions of the system of psychological and psychotherapeutic support for the population of Ukraine

The main principles and directions of the system of psychological and psychotherapeutic assistance are:

1) legitimacy - compliance of psychological support measures with the requirements of Ukrainian legislation;

2) humanism - the activities of the subjects of psychological support are based on the principles of universal human, moral, ethical values and ideals to ensure respect for the individual, comprehensive, harmonious development of the individual, preservation of his or her integrity and psychological health;

3) tolerance is the readiness and positive attitude of the subjects of the psychological support system to accept the psychology, views of another person, their individual differences, including on the basis of race, political, religious and other

beliefs, gender, age, language, ethnic and social origin, citizenship, marital and property status, place of residence;

4) voluntariness - voluntary consent and active participation of the person to whom psychological support measures are applied;

5) timeliness, accessibility, targeting - high-quality psychological and psychotherapeutic assistance when a person needs it without any obstacles;

6) confidentiality - non-disclosure of information about a person obtained as a result of psychological and psychotherapeutic measures, use of the information obtained solely for the purpose of providing qualified psychological assistance to that person;

7) scientific validity - scientific validity of approaches, forms, methods, scope, terms in the implementation of psychological support measures;

8) objectivity - the use of standardized, reliable, valid and adapted psychological methods and technologies by the subjects of the psychological support system in their practical activities;

9) complexity and systematicity - the use of complementary methods, forms, volume, place, terms of work, systematic consideration of the peculiarities and patterns of psychological manifestations of the personality of the recipient of psychological and psychotherapeutic assistance in psychological support measures.

10) inadmissibility of refusal to provide psychological assistance.

Respect for and observance of the rights of Ukrainian citizens, foreign citizens and stateless persons in the field of psychological assistance and provision of state guarantees related to these rights

1. Psychological assistance activities should be carried out on the basis of recognition, respect, observance and protection of the rights of Ukrainian citizens, foreign citizens and stateless persons in accordance with generally recognized principles and norms of international law.

2. The state ensures that citizens receive psychological and psychotherapeutic assistance regardless of gender, race, age, nationality, language, status, origin, property

and official position, place of residence, attitude to religion, beliefs, membership in public associations and other circumstances.

Voluntary nature of psychological assistance

The recipient of psychological and psychotherapeutic assistance independently chooses a specialist who provides psychological and psychotherapeutic assistance, a psychologist, psychologist, clinical psychologist, psychotherapist, who uses the methods, forms, volume, place, and terms of psychological assistance necessary for a particular case, the person's condition, and cannot be forced to receive it by the decision of any organizations or third parties.

The recipient of psychological and psychotherapeutic assistance has the right to refuse to receive assistance at any stage of its provision.

Timeliness, accessibility and quality of psychological and psychotherapeutic assistance

Timeliness, accessibility and quality of psychological assistance are ensured by:

1) the proximity of psychological assistance to the place of residence (primary health care outpatient clinics (psychological health/public health rooms), psychological health/public health centers), place of work (psychological relief rooms (zones)), education (psychologist's offices, psychological health rooms), etc;

2) availability of the required number of psychologists, psychologists, clinical psychologists, psychotherapists and their level of qualification;

3) the possibility of choosing persons who provide psychological and psychotherapeutic assistance in accordance with this law;

4) application of an algorithm of actions, standards of psychological assistance and procedures for providing first psychological assistance;

5) provision of a guaranteed amount of free psychological and psychotherapeutic assistance in accordance with the Constitution of Ukraine;

6) transport and other accessibility of persons providing psychological assistance to all groups of the population, including persons with disabilities and other low-mobility groups.

Targeted psychological and psychotherapeutic assistance

The targeting of psychological and psychotherapeutic assistance is ensured by providing the recipient of psychological and psychotherapeutic assistance with various methods/types of psychological assistance and in various forms, volume, place, and time adequate to his/her problem situation, taking into account his/her individual needs, characteristics and capabilities.

Comprehensiveness of psychological assistance

The complexity of psychological assistance is ensured by the use of various types, forms, techniques, technologies, volume, place, and timing of psychological and psychotherapeutic assistance, the choice of which is determined by the multidimensional nature of the psychological problems of the recipient of psychological assistance and the available capabilities of the person providing psychological and psychotherapeutic assistance.

Systematic nature of psychological and psychotherapeutic assistance

The systematic nature of psychological and psychotherapeutic assistance is ensured by the comprehensive use of internal resources and the external social environment of the recipient of psychological assistance to help him or her solve his or her own actual psychological problems that arise at different stages of his or her life.

Professionalism of psychological and psychotherapeutic care

The professionalism of psychological and psychotherapeutic assistance is ensured by the compliance of the qualifications of the personnel providing psychological assistance with the requirements established by this law and the requirements of standards, systematic professional development of psychologists, psychologists, psychotherapists by the system of internal and external control.

Inadmissibility of refusal to provide psychological and psychotherapeutic assistance

1. Refusal to provide free psychological and psychotherapeutic assistance in cases provided for by the legislation of Ukraine, as well as charging for its provision, is not allowed.

2. Psychological and psychotherapeutic assistance in an emergency form is provided to a citizen immediately and free of charge in accordance with the Constitution of Ukraine. Refusal to provide it is not permissible.

3. Persons providing psychological and psychotherapeutic assistance and specialists: psychologists, psychologists, clinical psychologists, psychotherapists shall be liable for violation of the requirements stipulated in parts 1 and 2 of this Article in accordance with the legislation of Ukraine.

Confidentiality of psychological and psychotherapeutic assistance

1. Information on the fact of a citizen's application for psychological and psychotherapeutic assistance and other information received during the provision of psychological and psychotherapeutic assistance shall be confidential.

2. It is not allowed to disclose confidential information by persons who became aware of it during training, performance of labor, official, service and other duties.

3. The collection of any data and the presence of third parties in the process of providing psychological and psychotherapeutic assistance is allowed only with the consent of the recipient of psychological assistance in order to provide him/her with the most qualified, timely, adequate assistance, training of specialists, analytical and research work. The use of the information obtained in scientific research and publications is possible only if personal data is depersonalized and with voluntary informed consent.

4. Provision of confidential information by a psychologist to third parties without the consent of a citizen or his/her legal representative is allowed

1) at the request of inquiry and investigation bodies, a court in connection with an investigation or trial, at the request of a penal body in connection with the execution of a criminal sentence and control over the behavior of a probationer, a convicted person whose sentence has been suspended, and a person released on parole

2) in a situation of threat to his life and his environment,

3) in order to control the quality and safety of psychological and psychotherapeutic assistance in accordance with this law upon voluntary informed consent.

5. Specialists or masters: psychologists, psychologists, clinical psychologists, psychotherapists are obliged to inform legal representatives of minors and persons recognized as incapacitated about psychological problems of minors in which there is a possibility of committing actions that pose a threat to themselves and others. Providing such information is not a disclosure of confidential information.

Places of application of psychological and psychotherapeutic assistance methods:

Places of first psychological, psychotherapeutic assistance, identification, correction, rehabilitation, prevention of violations of human relations with the surrounding social environment, who have psychological problems (including: minors; youth; disabled people; single and large families raising minor children; children; dysfunctional families, families in difficult life situations, pregnant women, unemployed people, people released from institutions serving sentences of imprisonment, people of pre-retirement age and pensioners, citizens discharged from military service and their families; persons prone to suicide, sick citizens (oncology, HIV, AIDS, venereology, tuberculosis, etc.) and their relatives; persons affected by emergencies, military operations, relatives of the victims and the deceased are defined by the Constitution of Ukraine, laws, orders and other regulatory and legal acts of Ukraine.

- In the institutions of the Ministry of Labor and Social Policy of Ukraine, they are defined in accordance with the Law of Ukraine "On Social Services" (966-15). Psychologists, clinical psychologists, and psychotherapists may be involved in social services to participate in the provision of social and medical services, if necessary, at the place of work (rooms (zones) of psychological relief),

- In educational institutions (psychologist's offices, psychological health rooms) in the institutions of the Ministry of Education and Science of Ukraine are determined in accordance with the Law of Ukraine "On Education" (1060-12). Psychologists, clinical psychologists and psychotherapists may be involved in the work of the psychological service of the education system of Ukraine to expand diagnostic, correctional, rehabilitation and preventive measures, if necessary.

- Psychologists, clinical psychologists and psychotherapists may be involved in the psychological service of the Ministry of Internal Affairs and SMEs of Ukraine to expand diagnostic, corrective, rehabilitation and preventive measures, if necessary.

- The places of application of methods of psychological and psychotherapeutic influence for the purpose of diagnostics, prevention, rehabilitation of mental and behavioral disorders, crisis states, somatic disorders, the origin of which is psychological, correction of the mental state of a person, his/her personality should be psychotherapeutic rooms, departments, centers in health care institutions, provided that they comply with the licensing conditions for conducting economic activity in medical practice - primary health care outpatient clinics (psychological health care rooms).

The main types of psychological and psychotherapeutic assistance

The main types of psychological and psychotherapeutic assistance are:

1) **psychological support** - a system of social, psychological, psychological and pedagogical means, ways and methods of helping a person to optimize his/her psycho-emotional state in the process of forming abilities and self-awareness, directing the person's efforts to realize his/her professional activity;

2) **psychological support** - a set of measures to maintain the optimal human condition, psychological health, their psychological resistance to stress factors, psychological readiness for life and prevention of negative psychological states; prevention and timely detection of unfavorable interpersonal relationships, stressful and other actual situations of mental discomfort that disrupt the normal life of the recipient of psychological assistance;

3) **psychological assistance** - a type of assistance provided to a person or a group of people to restore the required quality of psychological states, improve the functioning of mental processes, behavior, communication and their implementation in group activities;

4) **psychological counseling** - a set of measures used (if necessary) to provide recipients with psychological and psychotherapeutic information, emotional support and attention to their experiences, which help to make an informed decision and assess psychological resources for the desired behavioral changes, assistance aimed at

understanding the impact of stress factors, expanding self-awareness and increasing psychological competence, changing attitudes to the problem, increasing stress and crisis tolerance, responsibility, learning

5) **psychological analysis and psychotherapy** - psychological influence (intervention) carried out in the process of researching the causes of psychological problems and mechanisms of their functioning with the help of specially organized interviews and other psychological methods;

6) **psychological diagnostics** - a study that is necessary to determine the current mental state of the recipient of psychological assistance, the peculiarities of his/her system of relations, the specifics of relations with other people, and is necessary to make a forecast and develop recommendations for providing him/her with appropriate psychological assistance;

7) **psychological rapid diagnostics** - a quick assessment of the individual psychological characteristics of the recipient of psychological and psychotherapeutic assistance in order to determine the degree of their compliance with the requirements and conditions of performance of duties, control over the psycho-emotional state and determine the need for appropriate psychological support and assistance;

8) **psychological examination** - a study conducted by a psychologist (or a group of psychologists) in cases and in accordance with the procedure established by regulatory legal acts and aimed at identifying and assessing the parameters of the current psychological situation that disrupts the normal life of the recipient of psychological assistance, his/her behavior and system of relations, clarifying the peculiarities of his/her interaction with the social environment, including for drawing up a conclusion and developing a program for providing psychological assistance;

9) **psychological correction** - overcoming or weakening deviations in the development, emotional state and behavior of the recipient of psychological assistance in order to bring these indicators in line with age norms and requirements of the social environment;

10) **psychological rehabilitation** is a system of measures aimed at preserving, restoring and correcting psychological states necessary to ensure the optimal level of

those who have been exposed to psychotraumatic stressors, as well as creating favorable conditions for further successful life;

11) **psychoprophylaxis** - a set of organizational, legal, educational, socio-economic, psychological and medical measures aimed at preventing the occurrence and development of mental disorders, negative psychological states by creating favorable psychological conditions for learning, life, preventing psychological exhaustion, reducing the level of psychological security of the individual, professional and personal burnout, providing psychological support, especially during their adaptation, to those classified as being in the group of enhanced psychological needs

12) **psychological education** - systematic and organized dissemination of psychological information in order to form an understanding of the laws of functioning of the human psyche and human behavior in extreme conditions, to form knowledge of ways and means of managing the capabilities of one's own psyche, providing self-help and first psychological aid to others, as well as readiness and desire to receive professional psychological assistance if necessary;

13) **psychological training** - formation of emotionally corrective experience, removal of consequences of psycho-traumatic situations, nervous and mental tension, mastering new styles of behavior, adaptation to changing conditions of life, skills of self-knowledge and self-regulation, formation of creative readiness.

Main forms of psychological and psychotherapeutic assistance to the population of Ukraine

1. Forms of psychological and psychotherapeutic assistance are divided depending on the nature of the interaction between the recipient of psychological assistance and the psychologist, psychologist, clinical psychologist, psychotherapist (in-person, remote (telemedicine), correspondence), on the number of participants (individual, group), on time parameters (short-term, long-term, emergency).

2. In each specific case, the form, type and scope of psychological assistance is determined and recommended by a psychologist, psychologist, clinical psychologist, psychotherapist in accordance with the condition of the recipient of psychological assistance and the specifics of his/her psychological problem.

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3. The final choice of the form, type and scope of psychological assistance is made by the recipient of psychological assistance.

4. In-person psychological assistance is provided in direct interaction between a psychologist, psychologist, clinical psychologist, psychotherapist and the recipient of psychological and psychotherapeutic assistance in a specially designated room accessible to disabled persons and other persons with reduced mobility, provided with all means of communal services and equipped with telephone communication (primary health care outpatient clinics (psychological health/public health rooms), psychological health/public health centers), places of work (psychological relief rooms (zones)), training (psychologist's offices, psychological health rooms), etc. ;

5. Remote (telemedicine) - provision of telemedicine psychological and psychiatric medical care via the Internet, Internet platforms, web applications, programs installed on smartphones, tablets, computers/laptops of patients, psychological care is provided with direct interaction by a psychologist, psychologist, clinical psychologist, psychotherapist and the recipient of psychological care or without direct interaction using technical means that provide technical conditions for psychological care that is of high quality

6. Correspondence - (telephone (hotline for adults and children), psychological service centers) psychological assistance is provided with direct interaction between a psychologist, psychologist, clinical psychologist, psychotherapist and the recipient of psychological assistance or without direct interaction using technical means that ensure the technical conditions for quality psychological assistance.

7. Individual psychological assistance is provided to the recipient of psychological assistance face-to-face in the absence of unauthorized persons, usually within 25 to 90 minutes.

8. Group psychological assistance is provided to a family (consisting of two or more people), a group of recipients of psychological assistance, usually within 45 to 180 minutes.

9. Short-term psychological assistance is used to solve an urgent problem of the recipient of psychological assistance or a problem situation, lasts from one appointment (from 30 minutes) to several appointments over several weeks, months.

10. Long-term psychological assistance: is used for psychological analysis and research of the personal content of problems, causes and conditions of their occurrence, as well as for non-medical psychotherapy in cases where many details are worked out, the effect develops slowly and is stable; lasts at least a year. The frequency of meetings is determined by agreement of both parties.

11. Emergency psychological assistance provides urgent psychological counseling to recipients of psychological assistance, helps mobilize their physical, spiritual, personal, intellectual resources to overcome a crisis, and helps prevent the development of mental conditions that pose a danger to the individual and society.

Applying for psychological and psychotherapeutic assistance

1. Psychological and psychotherapeutic assistance is provided on the basis of a voluntary self-referral of the recipient of psychological and psychotherapeutic assistance, his/her guardian, trustee, or other legal representative.

2. Psychological assistance to minors under the age of 14 is provided on the basis of a request from their parents, guardians or employees of state institutions responsible for the child.

3. The consent of legal representatives is not required to provide psychological assistance to minors under the age of fourteen:

1) when establishing the facts of cruel treatment, physical, mental, sexual violence against a minor

2) in the case of recognizing a minor as being in a socially dangerous situation, including one in need of state protection;

3) during psychological prevention in educational institutions, healthcare organizations and social protection bodies;

4) minors who find themselves in an emergency situation of natural and man-made nature;

5) when a minor applies for psychological assistance anonymously, by telephone.

4. Psychological assistance to persons recognized as legally incapacitated in accordance with the established procedure is provided on the basis of an application from their legal representatives. Consent may be given in writing or orally by parents or guardians.

It is prohibited to apply methods of psychological and psychotherapeutic influence to persons who have a permit to practice traditional medicine (healing) without higher psychological or medical education and appropriate postgraduate education.

Violation of psychological processes and signs, provision of first psychological and psychotherapeutic aid

Medical care in the specialty "Psychiatry" is provided in accordance with approved clinical protocols in accordance with the Order of the Ministry of Health of Ukraine "On Approval of Clinical Protocols for the Provision of Medical Care in the Specialty "Psychiatry" dated 05.02.2007 No. 59, Order of the Ministry of Health of Ukraine "On the Creation and Implementation of Medical and Technological Documents for the Standardization of Medical Care in the System of the Ministry of Health of Ukraine" dated 28.09.2012 No. 751.

Helping people with chronic illnesses or disabilities:

- help them get to a safe place;
- help them meet basic needs (e.g., the ability to eat, drink, get clean water, take care of themselves, build temporary housing with materials provided by humanitarian organizations);
- ask the person about their illness and whether they take any medications on a regular basis. Try to help them get these medications or access healthcare facilities, if available;
- stay with the person, and if you need to leave, make sure there is someone nearby to help them. Consider referring the person to an advocacy organization or other

support service that can provide them with the help they need in the long term. Inform them how they can access available services.

List of grounds for refusing or terminating psychological assistance

1. The grounds for refusal or termination of psychological and psychotherapeutic assistance are

- inconsistency of the recipient's request for psychological assistance with the types of psychological, psychotherapeutic assistance provided by the person providing psychological, psychotherapeutic assistance;
- non-compliance by the recipient of psychological or psychotherapeutic assistance with the rules of admission established by the person providing psychological or psychotherapeutic assistance;
- mental disorders and behavioral disorders detected when applying for or in the process of providing psychological or psychotherapeutic assistance in need.

2. Persons in need of specialized medical care for health reasons are recommended to seek voluntary treatment in medical institutions.

3. It is allowed to simultaneously receive psychological assistance and treatment in other specialized medical institutions.

Rights and obligations of the recipient of psychological and psychotherapeutic assistance

1. The recipient of psychological and psychotherapeutic assistance has the right to:

1) to receive professional, qualified and specialized psychological assistance, subject to compliance with the rules and regulations;

2) to choose the type of psychological, psychotherapeutic assistance, psychologist, psychologist, clinical psychologist, psychotherapist, and the form of its provision by the person providing psychological, psychotherapeutic assistance

3) obtaining information about their rights, as well as information about the nature of their psychological problems and the methods of psychological and psychotherapeutic assistance used, in a form accessible to them and taking into account

their psychological state, obtaining information about the results of psychological diagnostics, the purpose and content of psychological assistance;

4) refusal to receive psychological and psychotherapeutic assistance at any stage of its provision, indicating the reason for such refusal.

5) respectful and humane treatment;

6) protection of their rights and legitimate interests in accordance with the Constitution of Ukraine, including in court.

7) the patient has a choice of places and forms of care, both in public and private institutions.

8) to choose and change the service provider.

2. Data collection, use as an object of scientific psychological research or educational process, photo-video or film shooting, as well as the presence of third parties in the process of providing psychological assistance is allowed only with the written or oral consent of the psychologist or the recipient of psychological assistance or his/her legal representative.

3. In connection with the objective impossibility of visiting state institutions and organizations that provide psychological and psychotherapeutic assistance, such assistance may be provided at home. The procedure for providing psychological and psychotherapeutic assistance at home is established, respectively, by the authorized executive body in the field of psychological assistance, the authorized executive body of a subject of Ukraine in the field of psychological assistance.

4. The recipient of psychological and psychotherapeutic assistance has the right to refuse to receive it at any stage of its provision.

5. The recipient of psychological and psychotherapeutic assistance is obliged to:

1) if possible, follow the recommendations of a psychologist, psychologist, psychotherapist

2) cooperate with a psychologist, psychologist, psychotherapist in the provision of psychological and psychotherapeutic care

3) to report the presence of diseases that pose a danger to the health of other persons or to the recipient of psychological assistance;

4) respect the work of a psychologist;

5) adhere to agreements on the psychologist's working hours for working with the patient.

The right to receive free psychological and psychotherapeutic assistance

1. Psychological assistance is provided free of charge to the patient by state institutions in a certain amount in accordance with the laws of Ukraine and other regulatory legal acts of Ukraine.

2. Under the Medical Guarantee Program of the National Health Service of Ukraine (NHSU) within the framework of the new package "Support and treatment of adults and children with mental disorders at the primary level of medical care" by a primary care physician certified by the mhGAP program from providers: WHO, World Bank, MH4U project, Médecins du Monde, Médecins Sans Frontières, International Medical Corps, Academy of Family Medicine of Ukraine, Deloitte project, HOPE project, NGO Proliska, PACT project, should provide the patient with basic psychological care and draw up a plan for their management and treatment within their competence.

3. The primary care physician should assess the patient's clinical condition, including physical and psychological, to identify anxiety, depression, and other mental health disorders. If necessary, the patient will be referred for laboratory and instrumental studies or for consultation with a psychologist, psychologist, clinical psychologist, psychotherapist, psychiatrist.

4. Also, as part of this package, family doctors will provide psychological support to family members who care for the patient.

5. The service is provided on an outpatient basis or at the patient's place of residence, if the primary care physician decides to do so.

6. To get psychological help from a family doctor, a patient can visit a primary care center without a referral. You can find a medical institution that provides such services by calling the NHSU contact center 16-77.

7. The package includes:

- first psychological aid;

- physical examination, differential diagnosis, screening for mental and neurological disorders and other mental health disorders
- assessment of the mental status of children to identify emotional and behavioral disorders, violence (physical, sexual, emotional, neglect and other forms of abuse);
- if necessary, referral for laboratory and instrumental studies and referral to a psychiatrist for diagnosis and recommendations for treatment of existing mental disorders;
- management and treatment plan within the competence of the family doctor;
- application of psychosocial, pharmacological and behavioral interventions;
- in the absence of improvement in the condition, referral to specialized doctors or other medical institutions, etc.

8. The laws of the subjects of Ukraine may establish additional conditions and guarantees for the provision of free psychological and psychotherapeutic assistance.

9. If the patient wishes to increase the scope and duration of psychological and psychotherapeutic assistance, he/she shall bear all financial costs.

Peculiarities of providing psychological and psychotherapeutic assistance to certain categories of recipients of psychological assistance to underage children affected by emergencies, military operations and other categories)

1. Psychological and psychotherapeutic assistance to minors is provided on the basis of voluntary informative consent of parents and guardians.

2. Peculiarities of providing psychological and psychotherapeutic assistance to children in educational institutions are established by legal acts of executive authorities that manage the sphere of education.

Peculiarities of providing psychological and psychotherapeutic assistance to certain categories of recipients of psychological assistance to disabled persons, elderly people, victims of emergencies, military operations and other categories

1. Psychological and psychotherapeutic assistance to disabled persons and the elderly is provided on the basis of a voluntary personal request from a person or his/her legal representative.

2. Psychological and psychotherapeutic assistance to disabled persons and members of their families, elderly people who cannot, for objective reasons, come to a psychologist, psychologist, clinical psychologist, psychotherapist is provided in accordance with the procedure established by the person providing psychological and psychotherapeutic assistance, in accordance with legal acts of executive authorities that manage social protection in both public and private institutions licensed to provide psychological and psychotherapeutic assistance.

3. Persons: victims of emergencies, military operations physically, materially, psychologically; family members, other relatives and other persons who have personal relations with victims and those who died in emergencies, military operations; eyewitnesses of emergencies, military operations in the immediate vicinity of the zone of emergencies, military operations; specialists involved in the liquidation of the consequences of emergencies and military operations receive emergency psychological assistance aimed at correcting the current emotional state of the victims, which is completed directly at the scene. Persons affected by emergencies and military operations who need prolonged psychological or psychotherapeutic rehabilitation receive it out of turn.

Peculiarities of providing free psychological and psychotherapeutic assistance to persons discharged or released from military service, war veterans, persons with special services to the Motherland, family members of deceased defenders of Ukraine in accordance with the Law of Ukraine "On the Status of War Veterans, Guarantees of Their Social Protection".

1. Psychological and psychotherapeutic assistance to persons who are discharged or dismissed from military service, war veterans, persons who have special services to the Motherland, family members of fallen (deceased) Defenders of Ukraine is provided on the basis of a voluntary personal request at the expense of budgetary funds.

2. Psychological and psychotherapeutic assistance to persons who are discharged or dismissed from military service, war veterans, persons who have special services to the Motherland, family members of fallen (deceased) Defenders of Ukraine who cannot for objective reasons visit a psychologist, psychologist, clinical psychologist,

psychotherapist is provided in accordance with the procedure established by the person providing psychological and psychotherapeutic assistance in accordance with the legal acts of executive authorities that manage social protection in both public and private institutions licensed to provide psychological and psychotherapeutic assistance.

3. Persons who are discharged or released from military service, war veterans, persons who have special services to the Motherland, family members of fallen (deceased) Defenders of Ukraine receive emergency psychological assistance aimed at correcting the current emotional state of the victims and which is of a complete nature, directly at the scene of the event, according to their individual needs, in particular, conducting an initial psychodiagnostic examination, setting goals and planning measures to achieve them, monitoring and evaluation of the.

Rights and duties of a psychologist, psychologist, clinical psychologist, psychotherapist:

1. **A psychologist, psychologist, clinical psychologist, psychotherapist** has the right to:

- 1) protection of their honor and professional dignity;
- 2) to choose the scientific method, forms, scope, place, time of approach, and means of providing psychological assistance
- 3) refusal to provide psychological services if the recipient of psychological or psychotherapeutic assistance violates the rules and regulations;
- 4) organizational support for professional development;
- 5) receiving psychological rehabilitation in accordance with the established procedure;
- 6) insurance against professional mistakes resulting in damage or harm to the health of a citizen not related to the negligent or careless performance of their professional duties;
- 7) compliance with labor laws;
- 8) refusal to cooperate with the patient/client in case of conflict situations with him/her or threat to the life and safety of the specialist.

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9) creation of appropriate working conditions in public or private institutions: compliance with sanitary and hygienic (lighting, temperature, humidity, air velocity), material and technical (equipment, furniture, office equipment, Internet, etc.) standards and aesthetic requirements.

A psychologist, psychologist, clinical psychologist, psychotherapist shall be obliged to:

1) have a higher education in the specialty "Psychology", "Medical Psychology" or "Medicine" (specialization in the specialty "Medical Psychology", "Psychotherapy", "Psychiatry", "Psychophysiology");

2) have at least one year of practical work experience in healthcare and/or rehabilitation institutions and/or at least two years of practical work experience in the specialty;

3) must have passed certification in accordance with the law and/or formal professional training within the last two years;

4) be qualified to carry out professional activities in the provision of psychological and psychotherapeutic assistance on the basis of observance of human and civil rights;

5) provide the recipient of psychological assistance with free full information about his/her rights and obligations, types, conditions, procedure and expected results of its provision;

6) to inform the recipient of psychological and psychotherapeutic assistance or his/her legal representative about the reasons for refusal to provide it orally, in writing or electronically;

7) to provide psychological and psychotherapeutic assistance upon voluntary self-referral of the recipient of psychological assistance or his/her legal representative in accordance with the procedure established by the state institution;

8) provide necessary emergency primary psychological and psychotherapeutic assistance to a citizen of Ukraine (group of citizens) in an acute crisis situation;

9) at the request of the recipient of psychological and psychotherapeutic assistance, present a document on their qualification when providing psychological and psychotherapeutic assistance;

10) adhere to the algorithms and standards of psychological and psychotherapeutic care;

11) adhere to the code of professional ethics of a psychologist, psychologist, clinical psychologist, psychotherapist;

12) to keep confidentiality of information about the recipient of psychological assistance in accordance with all requirements;

13) to ensure, if necessary, based on the results of psychological diagnostics, appropriate interaction with specialists of other professions to provide psychological, psychotherapeutic, and psychiatric care.

Powers of the state authorities of Ukraine, state authorities of the subjects of Ukraine, local self-government bodies/voluntary associations of territorial communities in the field of mental health, psychological and psychotherapeutic assistance to the population of Ukraine

The powers of territorial state authorities in the field of mental health and psychological assistance include:

1) implementation of a unified state policy in the field of mental health and psychological assistance

2) adoption of laws and other regulatory legal acts of Ukraine in the field of psychological assistance;

3) regulation and protection of human and civil rights in the field of mental health and psychological assistance;

4) management of territorial state property used in the field of mental health and psychological assistance;

5) formation of territorial executive authorities/**voluntary associations of territorial communities** that manage mental health and psychological assistance in the institutions under their control;

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6) establishing the procedure for establishing state institutions in the field of mental health and psychological assistance;

7) taking measures to ensure the functioning and development of free psychological and psychotherapeutic assistance, coordination of the system of psychological and psychotherapeutic assistance and their interaction;

8) establishing general principles of financial support of activities, and even standards of financial support of activities of state institutions in the field of mental health, psychological and psychotherapeutic assistance;

9) ensuring cooperation between territorial executive authorities/voluntary associations of territorial communities and executive authorities of the subjects of Ukraine, as well as interagency cooperation in the field of psychological assistance (including in emergency situations, military operations);

10) monitoring social tensions and negative psychological trends in society;

11) ensuring the development and implementation of research programs in the field of mental health, psychological assistance, and their coordination;

12) information and scientific and methodological support of the system of psychological assistance;

13) providing professional training of psychologists, clinical psychologists, psychologists, psychotherapists, as well as retraining and advanced training of psychologists;

14) state control (supervision) in the field of mental health and psychological assistance;

15) international cooperation of Ukraine in the field of mental health and psychological assistance, including the conclusion of international treaties of Ukraine.

16) exercise of other powers in accordance with the requirements of this Law, other laws, orders and other regulatory legal acts of Ukraine that regulate relations arising in the field of mental health and psychological assistance to the population of Ukraine.

Powers of state authorities of a subject of Ukraine in the field of psychological assistance

1. The powers of the state authorities of a subject of Ukraine in the field of psychological and psychotherapeutic assistance include:

1) ensuring state guarantees and protection of human and civil rights in the field of psychological health and psychological assistance;

2) development, approval and implementation of regional programs in the field of psychological health and psychological assistance;

3) adoption of laws and other normative legal acts of the subject of Ukraine in the field of psychological health and psychological assistance in accordance with this law;

4) creation of state institutions of the subject of Ukraine in the field of psychological health, psychological assistance, including outpatient primary health care (psychological health/public health offices), psychological health/public health centers), places of work (rooms (zones) of psychological relief), training (psychologist's offices, psychological health offices) of the psychological service;

5) providing professional training of psychologists, psychologists, clinical psychologists, psychotherapists, as well as retraining and advanced training of psychologists of state institutions of the subject of Ukraine in the field of psychological assistance;

6) exercise other powers in accordance with the requirements of this Law, other laws, orders and other regulatory legal acts of Ukraine, laws and other regulatory legal acts of the subjects of Ukraine regulating relations arising in the field of mental health and psychological assistance.

Powers of the executive branch

The powers of the executive branch in the field of mental health and psychological assistance include:

1) development and implementation of state programs in the field of mental health and psychological assistance;

2) coordination of activities in the field of mental health and psychological assistance of state executive authorities, executive authorities of the subjects of Ukraine, local self-government bodies/voluntary associations of territorial communities, as well as persons providing psychological and psychotherapeutic assistance;

3) maintaining the state register of self-regulatory organizations of psychologists in accordance with the procedure established by the law;

4) approval of the composition of the information included in the register of psychologists and the consolidated register of psychologists (members of all-Ukrainian public organizations of psychologists), as well as the procedure for maintaining these registers and posting the information contained therein, including in information and telecommunication networks, access to which is not limited to a certain circle of persons;

5) state control over the activities of state institutions that provide psychological and psychotherapeutic assistance under the jurisdiction of the authorized state executive body in the field of mental health and psychological assistance;

6) exercise of other powers in accordance with the requirements of this Law, other state laws and other regulatory legal acts of Ukraine, laws and other regulatory legal acts of the subjects of Ukraine regulating relations arising in the field of mental health and psychological assistance.

Powers of local self-government bodies/voluntary associations of territorial communities of a subject of Ukraine in the field of psychological assistance

The powers of local self-government bodies/ voluntary associations of territorial communities of a subject of Ukraine in the field of psychological assistance include:

1) implementation of the state regional policy in the field of mental health and psychological assistance;

2) maintaining a regional state register of all-Ukrainian public organizations of psychologists registered and/or operating in the territory of a subject of Ukraine in accordance with the procedure established by it;

3) creation of conditions for the development of psychological assistance and ensuring its accessibility to citizens within the powers defined by the state legislation and the legislation of the subject of Ukraine;

4) state supervision over the activities of all-Ukrainian public organizations of psychologists;

5) coordination of activities of participants of the psychological assistance system and their interaction at the regional level;

6) development and implementation of state programs and measures aimed at overcoming the difficult psychological state of people in emergency situations and military operations, informing the population about the situation in the emergency zone, military operations and about the measures taken to overcome the psychological consequences of emergency situations and military operations;

7) promotion of scientific research in the field of mental health and psychological assistance;

8) state control over the activities of state institutions that provide psychological and psychotherapeutic assistance, which are under the jurisdiction of the authorized executive body of a subject of Ukraine in the field of psychological assistance;

9) exercise of other powers in accordance with the requirements of this Law, other state laws, orders and other regulatory legal acts of Ukraine, laws and other regulatory legal acts of the subjects of Ukraine regulating relations arising in the field of mental health and psychological assistance.

Powers of local self-government bodies/ voluntary associations of territorial communities in the field of psychological assistance

The powers of local self-government bodies/voluntary associations of territorial communities to address issues of local importance in the field of mental health and psychological assistance to the population of Ukraine include

1) creation of conditions for the provision of psychological assistance: in primary health care outpatient clinics (psychological health/public health rooms), psychological health/public health centers, at enterprises (psychological relief rooms (zones)), in educational institutions (psychologist's offices, psychological health rooms), etc.

2) ensuring the maintenance of buildings and structures of municipal institutions in the field of mental health, psychological assistance, and the arrangement of adjacent territories;

3) ensuring the organization of psychological assistance in municipal institutions in case of transfer of relevant powers in accordance with this Law.

System of psychological and psychotherapeutic assistance to the population of Ukraine

The system of psychological and psychotherapeutic assistance includes:

1) the authorized territorial executive body/voluntary associations of territorial communities in the field of psychological health and psychological assistance

2) authorized body of executive power/voluntary associations of territorial communities of the subject of Ukraine in the field of mental health, psychological assistance;

3) state institutions that provide psychological and psychotherapeutic assistance, which are under the jurisdiction of the authorized territorial executive body and authorized state authorities of a subject of Ukraine;

4) municipal institutions that provide psychological and psychotherapeutic assistance that are under the jurisdiction of local self-government bodies, in particular, in case of transfer of relevant powers to them;

5) private institutions that have the appropriate education, are registered as members of associations and have a license to conduct business practice.

Providing psychological and psychotherapeutic assistance to the population of Ukraine

Standards of psychological and psychotherapeutic assistance:

1. The basic standards of psychological and psychotherapeutic assistance are established by the laws of Ukraine, taking into account international standards in the field of human rights protection.

2. The Ministry of Health, Education and Science, Social Policy of Ukraine develop standards, protocols, algorithms of psychological and psychotherapeutic

assistance on the basis of the basic standard of psychological assistance in the manner prescribed by this law.

3. Basic standards of psychological assistance shall ensure:

- 1) unity of psychological assistance;
- 2) completeness and quality of psychological assistance
- 3) equal accessibility of psychological assistance.

4. The basic standard of psychological assistance includes:

- 1) categories of recipients of psychological assistance;
- 2) requirements for types, forms, methods, volumes, terms of psychological and psychotherapeutic assistance

- 3) the list of grounds for refusal to provide psychological and psychotherapeutic assistance and the procedure for referring citizens who need specialized medical care for health reasons, with their consent, to specialized medical and preventive care institutions;

- 4) qualification and other requirements for psychologists, psychologists, clinical psychologists, psychotherapists who provide psychological and psychotherapeutic assistance;

- 5) the procedure for the extraordinary provision of psychological and psychotherapeutic assistance in case the demand for psychological assistance exceeds the possibility of its provision;

- 6) peculiarities of providing psychological and psychotherapeutic assistance to certain categories of recipients of psychological and psychotherapeutic assistance (minors, people with disabilities, the elderly and other categories);

- 7) requirements for the place of psychological assistance,

- 8) requirements for information support of recipients of psychological and psychotherapeutic assistance when applying for it and during the provision of psychological and psychotherapeutic assistance;

- 9) the procedure for filing, registering and reviewing claims and complaints about non-compliance with the standard of psychological and psychotherapeutic assistance.

5. Persons providing psychological and psychotherapeutic assistance shall be obliged to comply with the standards of psychological and psychotherapeutic assistance.

Staffing of psychological assistance to the population of Ukraine:

1. The effectiveness of the activity on providing psychological and psychotherapeutic assistance to the population of Ukraine is ensured by psychologists, psychologists, clinical psychologists, psychotherapists who have professional education that meets the requirements and nature of the work performed, experience in this field.

2. The formation of the staff of psychologists, psychologists, clinical psychologists, psychotherapists shall be ensured by:

1) development of professional qualities of psychologists, psychologists, clinical psychologists, psychotherapists;

2) assessment of the results of professional activity of psychologists, psychologists, clinical psychologists, psychotherapists in the course of certification and/or passing the qualification exam;

3) use of modern personnel technologies;

4) application of educational programs of the Ministry of Education and Science, Ministry of Health of Ukraine

3. Retraining, advanced training and internships of psychologists, psychologists, clinical psychologists, psychotherapists are carried out in accordance with state laws, orders and other regulatory legal acts of Ukraine, laws and other regulatory legal acts of the subjects of Ukraine.

Financial support for psychological and psychotherapeutic assistance to the population of Ukraine

1. Financing of measures related to the provision of free psychological assistance in accordance with this Law and other normative legal acts of Ukraine is entrusted to the state authorities of Ukraine and their subordinate institutions, state authorities of the subjects of Ukraine and their subordinate institutions and is carried out at the expense of budgetary allocations from the state budget and budgets of the subjects of

Ukraine in accordance with the budget legislation of Ukraine. Financing of expenses related to the provision of free psychological and psychotherapeutic assistance at the expense of other entities shall be carried out by the relevant entities independently.

2. Financing of expenses related to the provision of free psychological and psychotherapeutic assistance by non-governmental organizations in cases provided for by this Law, with compensation of their expenses for the provision of such assistance, as well as financing of additional guarantees for psychologists, psychologists, clinical psychologists, psychotherapists are expenditure obligations of the subjects of Ukraine.

3. Financing of expenses of local self-government bodies/voluntary associations of territorial communities related to the establishment and operation of municipal institutions, establishment of additional guarantees of the right of citizens to receive free psychological and psychotherapeutic assistance is an expenditure obligation of local budgets.

Information support of psychological assistance:

1. In order to inform the population of Ukraine about the possibility of receiving psychological and psychotherapeutic assistance, state executive bodies and their subordinate institutions, executive bodies of the subjects of Ukraine and their subordinate institutions, local self-government bodies and their officials, self-regulatory organizations are obliged to publish on official resources

1) the procedure and cases of providing psychological assistance, including free of charge;

2) content, limits of implementation, methods of realization and protection of the rights of citizens guaranteed by the legislation of Ukraine to receive psychological and psychotherapeutic assistance

3) information on the qualifications of psychologists, psychologists, clinical psychologists, psychotherapists, taking into account the Law of Ukraine "On Personal Data Protection";

4) helplines, electronic resources;

2. The procedure for informing the population about the provision of psychological and psychotherapeutic assistance, including free of charge, is established by state regulatory legal acts and regulatory legal acts of the subjects of Ukraine

3. Local self-government bodies/voluntary associations of territorial communities inform the population about psychological and psychotherapeutic assistance in accordance with municipal legal acts.

Social support measures for psychologists, psychologists, clinical psychologists, and psychotherapists:

1. Psychologists, psychologists, clinical psychologists, and psychotherapists have the right to reduced working hours, annual additional paid leave for work in harmful working conditions in accordance with the legislation of Ukraine.

2. The duration of the working day and annual additional paid leave for psychologists, psychologists, clinical psychologists, and psychotherapists shall be determined by the Government and the Cabinet of Ministers of Ukraine.

3. The amount of increase of remuneration for work with harmful working conditions for psychologists, psychologists, clinical psychologists, psychotherapists of state institutions is determined by the Government and the Cabinet of Ministers of Ukraine, and for psychologists, psychologists, clinical psychologists, psychotherapists of state institutions of subjects of Ukraine - in accordance with the procedure determined by the executive authorities of subjects of Ukraine.

4. Additional measures of social support, as well as benefits in the field of pension provision to psychologists, psychologists, clinical psychologists, psychotherapists, whose activities were associated with a threat to life and health (participation in rehabilitation activities related to military operations, terrorist acts, natural and man-made disasters), are established, respectively, by territorial state authorities, state authorities of the subjects of Ukraine in accordance with their powers.

5. Additional measures of social support for psychologists, psychologists, clinical psychologists, psychotherapists working in state institutions shall be determined by state authorities.

6. Additional measures of social support for psychologists, psychologists, clinical psychologists, psychotherapists of municipal institutions shall be established by local self-government bodies.

Compulsory insurance of psychologists, psychologists, clinical psychologists, psychotherapists, whose work is connected with a threat to their life and health

1. For psychologists, psychologists, clinical psychologists, psychotherapists, whose work is associated with a threat to their life and health, compulsory insurance is established in accordance with the list of positions, the occupation of which is associated with a threat to the life and health of employees, approved by the Government and the Cabinet of Ministers of Ukraine.

2. The amount and procedure of compulsory insurance for psychologists, psychologists, clinical psychologists, psychotherapists, whose work is connected with a threat to their life and health, shall be established by the Government and the Cabinet of Ministers of Ukraine.

3. The amount and procedure of compulsory insurance for psychologists, psychologists, clinical psychologists, psychotherapists, who are under the jurisdiction of the subjects of Ukraine, whose work is related to the threat to their life and health, shall be established by the state authorities of the subjects of Ukraine.

4. The amount and procedure for compulsory insurance for psychologists, psychologists, clinical psychologists, psychotherapists of municipal healthcare organizations whose work involves a threat to their life and health shall be established by local governments/voluntary associations of territorial communities.

Control, supervision and responsibility for the provision of psychological and psychotherapeutic assistance to the population of Ukraine:

1. Control over the provision of psychological and psychotherapeutic assistance by psychologists, psychologists, clinical psychologists, psychotherapists is carried out by state organizations, local self-government bodies/voluntary associations of territorial communities in accordance with the procedure established by the state.

2. The state control over the activities of state institutions providing psychological and psychotherapeutic assistance, which are under the jurisdiction of the authorized state executive body and authorized state authorities of a subject of Ukraine, shall be exercised by the authorized state executive body and authorized state authorities of a subject of Ukraine in the field of providing psychological and psychotherapeutic assistance to the population.

Conclusions and future prospects.

1. Compliance with regulatory and legal issues in the provision of counseling and treatment of persons in need of psychological/psychotherapeutic assistance.

2. Creation of conditions for alternative counseling/treatment of persons in need of psychological/psychotherapeutic assistance at all levels of psychological/psychotherapeutic assistance: primary health care, psychiatric departments in general hospitals, day care centers, crisis centers, mental health centers, etc.

3. Adequate, decent, fair funding of the mental health care system.

4. Training and retraining of specialists providing psychological/psychotherapeutic care, as well as conducting trainings on teamwork for mutual assistance.