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National Pirogov Memorial Medical University

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**GENERAL  
PHARMACOLOGY  
and  
PHARMACOLOGY  
of the drugs affecting  
mediatory processes,  
vegetative and central  
nervous systems**

**TUTORIAL**

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G 39      **General Pharmacology and Pharmacology of the drugs affecting mediatory processes, vegetative and central nervous systems tutorial**  
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The tutorial contains data concerning general conception of pharmacokinetics, pharmacodynamics, data about drugs affecting mediatory processes, vegetative nervous system, central nervous system, their classifications, lists of the drugs (International Nonproprietary Name, Proprietary commercial / brand / trade / generic names), medicinal forms, routs of administration and dose of the drugs, mechanisms of their action, pharmacological effects, including adverse effects and the ways to reduce them, indications, contraindications, the principles of rational combined use of the drugs, pharmacological drug safety and custody.

The tutorial is designed for students of higher pharmaceutical education institutions of III-IV level of accreditation in the specialty “Pharmacy” and “Clinical pharmacy”.

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## Foreword

The tutorial "Pharmacology of the drugs affecting vegetative and central nervous system" includes the foundations of modern knowledge of the pharmacology of drugs that act on the peripheral and central nervous system (CNS) and is intended for students of a pharmacy department in specialty "Pharmacy" and "Clinical pharmacy".

Necessity to write a tutorial is caused by the need to provide the main aspects of current knowledge in pharmacology of drugs acting on the autonomic and central nervous system in accordance with the requirements of the credit-module system. According to the authors, the tutorial will be useful, given the fact of the necessity to intensify the efforts towards the students' independent work for the obtaining of knowledge in pharmacology.

The tutorial presents the key components of the pharmacokinetics and pharmacodynamics of the drugs with examples for better learning. In accordance with the tasks of pharmacology in this tutorial there are classifications of the drugs that affect the autonomic and central nervous system, according to the chemical structure, mechanisms of action, pharmacological effects; list of drugs (their INN and trade names, medicinal forms and routes of administration); mechanisms of action, pharmacological effects, including adverse effects, ways of reducing of the possible negative impact of a drug on the organism, indications and contraindications for use of the drugs, application features, pharmacological safety and pharmacological custody of the drugs, use of antidotes and symptomatic drugs in case of both, an overdose of drugs and the emergence of dangerous toxic effects.

The presented chapters of a tutorial show a close relationship of pharmacology with biology, normal and abnormal physiology, physics, normal and abnormal anatomy, biological chemistry, physical chemistry, pharmaceutical chemistry, etc. That is what allows correlating pharmacology with related medical sciences, to rethink the actions and uses of the drugs, to emphasize the applications of pharmacokinetics and pharmacodynamics to therapeutics to create the book that will be useful for the students of pharmacology, for the teachers of pharmacology and for the physicians.

The tutorial has a list of references, which were used by the authors and may be used by the students, teachers and physicians for improving personal knowledge in pharmacology.

The tutorial is written in accordance with the Program of pharmacology for the students of pharmaceutical faculty of higher educational institutions of III-IV accreditation levels for specialties 7.12020101 – "Pharmacy" and 7.12020102 – "Clinical Pharmacy" according to the educational qualification characteristics and educational and professional training program approved by the order of the Ministry of Healthcare of Ukraine dated 07.12.09 № 931 (period of study in this field – 5 years).

In today's pharmaceutical market there are so many drugs, which require a high level of knowledge of pharmacists and clinical pharmacists. The volume of

information about the mechanisms of drug action, their pharmacological effects, and the possibility of clinical use is growing rapidly. The position mentioned above leads to the necessity of teaching pharmacology to a much greater extent than it is provided in curriculum. Thence, the tutorial has been prepared based on the 5th release State Formulary of Ukraine in 2013, and the 66<sup>th</sup> issue of the British National Formulary of drugs in 2013, the 17th issue of the Russian Register of medicines in 2013, and the current literature on pharmacology and pharmacotherapy.

The authors of the tutorial are the teachers of the pharmacy department of Vinnitsa National Pirogov Memorial Medical University, Faculty of Pharmacy, with experience of teaching of pharmacology both in terms of previous training programs, and in terms of credit-modular system.

The authors are grateful to the reviewers who have put great efforts to improve the tutorial and gratefully accept all comments and suggestions from readers for further improvement of the tutorial.

## List of abbreviations

AA - arachidonic acid  
AANAT - arylalkylamine N-acetyltransferase  
ACE - angiotensin-converted-enzyme  
ACEI - angiotensin-converted-enzyme inhibitor  
Ach - acetylcholine  
AChE - acetylcholine esterase  
ACTH - adreno-cortico-tropic hormone  
ADME - absorption, distribution, metabolism, excretion of the drugs  
ARs - adrenergic receptors  
API - active pharmaceutical ingredient  
ADP - adenosine diphosphate  
ALX receptor(s) - lipoxin receptor(s)  
AT receptor - angiotensin receptor  
ATP - adenosine triphosphate  
AV - block - atrio-ventricular blockage  
AV- node - atrio-ventricular node  
AVP - additional vasodilating propertie(s)  
AUC - area under curve  
Axe - acethylcholinesterase  
BAS - biologically active substance(s)  
BBB - blood brain barrier  
BCSFB - blood-cerebrospinal fluid barrier  
Ca<sup>+2</sup> - calcium ion(s)  
C<sub>el</sub> - constant of elimination  
cAMP - cyclic adenosine monophosphate  
cGMP - cyclic guanosine monophosphate  
Cl - total clearance  
CNS - central nervous system  
CO - carbon monoxide  
COMT - catecol-orto-methyl-transferase  
COX - cyclooxygenase  
CysLT receptor(s) - cysteinyl leukotriene receptor(s)  
D - dopamine  
DAG - diacylglycerol  
DNA - deoxyribonucleic acid  
DDC - decarboxylase  
DGLA - dihomo- $\gamma$ -linolenic acid  
EET - Epoxy-eicosa-trienoic acid  
e.g. - for example  
Ep - epinephrine  
EPA - icosapentaenoic acid  
E2 (PGE<sub>2</sub>) - prostaglandin E2

F2 $\alpha$  (PGF<sub>2 $\alpha$</sub> ) - prostaglandin F2 $\alpha$   
FDA - Food and Drug Administration  
FFA - free fatty acid  
fMLP - Formyl-Methionyl-Leucyl-Phenylalanine  
GIT - gastrointestinal tract  
GPCR - G-protein-coupled receptor(s)  
H<sub>2</sub>S - hydrogen sulphide  
h/chl. - hydrochloride  
h/tr. - hydrotartrat  
I<sub>2</sub> (PGI<sub>2</sub>) - prostacyclin  
i.e. - that is  
IHD - ischemic heart disease  
i/m - intramuscularly  
INN - international nonproprietary name  
IP<sub>3</sub> - inositol 1,4,5-trisphosphate  
ISA - intrinsic sympathomimetic activity  
i/v - intravenous  
K<sub>el</sub> - constant of elimination  
LTs - leucotriens  
LXA4- lipoxin A4  
MAO - monoaminoxidase  
MAOI - MAO inhibitor  
MIC - minimum inhibitory concentration  
MF - medicinal form  
MP - medicinal preparation  
NE - norepinephrine  
NO - nitric oxide  
OTC - over-the-counter  
P receptor(s) - purine receptor(s)  
PAE - “postantibiotic” effect  
PAF - platelet-activating factor  
PB - placental barrier  
PGs - prostaglandins  
PI - phosphatidylinositol  
PLA<sub>2</sub> - phospholipase A<sub>2</sub>  
PLC - phospholipase C  
RNA - ribonucleic acid  
s/c - subcutaneously  
Se - serotonin  
SNRI(s) - serotonin-norepinephrine reuptake inhibitor(s)  
SSRI(s) - selective serotonin reuptake inhibitor(s)  
SVT - supraventricular tachycardia  
TCA(s) - tricyclic antidepressant(s)  
TG - triglyceride(s)

## 8 | List of abbreviations

TI - Therapeutic index

TPH - tryptophan hydroxylase

Tx - thromboxane

TxA<sub>2</sub> - thromboxane A<sub>2</sub>

T<sub>1/2</sub> - half-life

V - volume distribution

USAN - United States Adopted Name(s)

WHO - World Health Organization

WPW syndrome - Wolff-Parkinson-White syndrome

5-HIAA - 5-hydroxyindoleacetic acid

5-HT - 5-hydroxytryptamine

5-LOX - 5-lipoxygenase



## Introduction

**Pharmacology** is the study of the interactions that occur between medical devices, biologically active substances with a living organism. **Pharmacology** is concerned with the study of medical devices, which are used for treatment, prevention and diagnostics of diseases and pathological conditions. From Greek “**pharmacon**” – there is drug and “**logos**” – there is a science. **Pharmacology** is the branch of medicine which is connected with other disciplines such as biology, chemistry, normal and pathological anatomy, normal and pathological physiology, histology and pharmaceutical sciences such as pharmaceutical chemistry and toxic chemistry, pharmacognosy and drug technology.

To the sciences about drugs belongs not only pharmacology but also pharmacy. And if pharmacology is a science that deals with the effect and usage of medicines, so **pharmacy** is a science that deals with the preparation and dispensing of drugs.

**An active pharmaceutical ingredient** (medical substance (MS) or active substance) (API) – is any substance or mix of substances that is used in manufacture of drugs and during its usage exerts pharmacological activity. Such substances have pharmacological or other direct effect on the human body; in the composition of the prepared forms of drugs which are used for cure, diagnosis and prevention of diseases, for the change of condition, structures or physiological functions of the organism, for care, treatment and facilitation of symptoms. (The order of The Ministry of Health of Ukraine № 723, completed in accordance with The Ministry of Health of Ukraine № 427 (z0923-13) dated 24.05.2013).

**Pharmaceutical drug** – is any substance or combination of substances (one or more API and excipients) that has properties and is intended for use in the treatment or prevention of diseases or it’s any substance or combination of substances (one or more API and excipients) that can be prescribed for the pregnancy prevention, restoration, correction or change of physiological functions in humans by providing pharmacological, immunological or metabolic actions, or for diagnosis.

**Medicinal Form (MF)** – is a combination of the form in which a drug is submitted by the manufacturer (release form), and also the forms in which a drug is prescribed for usage including physical form (the form of usage).

**Medicinal preparation (MP)** – is a drug that is made in the appropriate dosage (medicinal) form. Medical preparations can be simple which are made from medical raw material (usually from plants, but also can be of mineral and animal origin) using a simple processing (drying or grinding), complex or galenicals, which are made by using more complex processing of plant raw materials with extraction (by alcohol, ether, water) of biologically active components and their partial exemption from impurities (ballast substances). These are tinctures and extracts. However galenicals contain many impurities (proteins, coloring substances, mucuses, etc.) which reduce the effect of the preparation, may cause a pharmacological effect which differs from that of the purified substance (e.g., there

is no equality between the pharmacological effect of opium galenic preparations and morphine, between the extract of uterine horn and ergometrine, between the ascorbic acid and rosehip extract, etc.) and do not allow its parenteral use. Neogalenicals are made by the pharmaceutical industry. They are more purified of ballast substances, have a longer expiration date, less of side effects and are suitable for parenteral use. (e.g., atropine, platyphylline, morphine, ephedrine, digoxin, strophanthin etc.). Each MP is registered in the state register of the pharmaceutical drugs of the country.

Some drugs are in an inactive form and in order to convert them into an active form, they should be metabolized in the human body and should form metabolites that have pharmacological activity. These drugs are called prodrugs.

Substances with medicinal properties can be synthesized within the human body (e.g., hormones) or may be xenogenic to the human body, the so-called xenobiotics (*Greek xenos* – “alien”).

Some drugs are administered as racemic mixtures of stereoisomers. The stereoisomers can exhibit different pharmacodynamic as well as pharmacokinetic properties. More than half of the drugs exist as enantiomeric pairs: *R* (+) enantiomeric, *S* (-) enantiomeric and the racemic mixture *RS* (+ / -).

#### **Drugs have three main names:**

1) *the chemical name*, which reflects the chemical structure of drugs and is rarely used in medical practice, but often – in the annotations to the drugs and in the reference books. For example, 2-acetoxy-benzoic acid (acid acetylsalicylic).

2) *international nonproprietary name (INN) of drugs*. This name of drugs is offered by the WHO (World Health Organization) and is adapted for use worldwide in the academic and scientific literature for easier identification by experts and for prevention of errors in determining generic / trade names of drugs. For example, acid acetylsalicylic (2-acetoxy-benzoic acid).

3) commercial / trade name (brand names) is given by pharmaceutical companies / manufacturers of drugs and is a commercial property, protected by patents and indicated by a pictogram – an English letter "R" inside a circle. For example, Aspirin<sup>®</sup> (2-acetoxy-benzoic acid, acid acetylsalicylic). Trade name is used by the company that produces these drugs for marketing purposes, to advance it in the market and to compete with other similar drugs. After the expiration of the patent the manufacturer can sell the right to produce drugs under the INN. Such drugs are called generics (branded equivalent). Generics are usually cheaper than original drugs because their price does not include money spent on development, preclinical and clinical drug testing. For example, Trombo ASS (2-acetoxy-benzoic acid, acid acetylsalicylic, Aspirin).

Equal drug substances may contain the same doses of a chemical substance in one dosage form and have different trade names (synonyms). Thus, the pharmacist can make a so-called generic substitution of drugs, focusing on its INN, in the absence of drugs recommended by your doctor or the drugs required by the patient in the drugstore. For example, (2-acetoxy-benzoic acid, acid acetylsalicylic, Aspirin, Trombo ASS).

## Peculiarities of marking of ready dosage forms

The symbol «®» (*from English "Registered trademark" – the registered mark*) is a marking which is written down on the package near a certain brand name and means the registration of the mark as a trademark for goods. In the registration certificate and other registration documents the symbol «®» is written down next to the trade name of medicinal preparation.

**Tablets with a modified release** are covered or uncovered tablets which contain special excipients or substances received by a special technology that allow to program the speed or location of the release of the medical substance (the modified-release tablets – MR). The name is used to mark the tablets with a controlled release, sustained-release (SR) tablets, and tablets with a gradual release, prolonged/extended release (ER). The name is not used to name the tablets that are indicated as the depot tablets, tablets that are implanted, retard-tablets, rapid-retard tablets.

There are **Drug Delivery Systems**: *Osmotic Release Oral System (OROS)* – there is the system based on the principle of osmotic pump, with which there is a constant controlled release of a drug in a unit time; *Transdermal System (TS)* of drug delivery in the form of patches; *Gastrointestinal Therapeutic System (GITS)*, which provide release of drug substances from the medicinal forms in a neutral, acidic or alkaline environment of gastrointestinal tract GIT; *Orally disintegrating tablet (ODT)*, *dry powder inhalers (DPI)*, *metered-dose inhalers (MDI)*, etc. The main merit of therapeutic systems is improvement in bioavailability as well as reduced adverse effects and limitation of high initial drug concentrations in plasma and opportunity to change the mode of taking drugs, dosing regimen on a convenient for the patients.

**Retard tablets** are tablets with a prolonged (periodic) release of medical substance from the stock. Usually they are in the shape of microgranules from a medical substance, surrounded by a biopolymer matrix (base), a base or microgranules are dissolve in layers releasing another portion of medical substance.

**Rapid tablets** contain a mixture of microgranules with an immediate release of medical substance.

**Rapid retard tablets** are tablets with a biphasic release that contain a mixture of microgranules with a rapid and prolonged release of the medical substance.

**Tablets UNO** – a recommended average dose for adults and children over 12 years is 1 tablet every 24 hours.

**The tablets durules** provide a gradual release of the active ingredient (iron ions) during a long time. The plastic matrix of the tablets Sorbifer Durules is completely inert in the digestive juice, but is completely dissolved under the influence of the intestinal peristalsis, when the active ingredient is completely released.

There are **international standards (International rules-standards)**, which determine the process of production of drugs: **GMP** – good manufactory practice; **GLP** – good laboratory practice – appropriate preclinical drug testing: on animals, test-systems (ex vivo), on cells, etc.; **GCP** – good clinical practice – appropriate clinical drug testing: on healthy volunteers, on patients; **GDP** – good distribution practice – appropriate practice of distribution of drugs; **GPP** – good pharmacy practice.

Despite the complexity of the creation and production of new drugs and their generics, new dosage forms, the study and specification of the action mechanisms in accordance with new knowledge in related sciences, the discovery of new pharmacological effects of the known drugs, determination of pharmacological safety, pharmacological custody and the combined use of medicine, pharmacology and pharmacy are very fast-developing sciences that require a constant monitoring and addition in teaching in the learning process.

**Pharmacology** includes **Pharmacokinetics** and **Pharmacodynamics**.

In order to understand and control drug action in the human body, one needs to know how a drug reaches the site(s) of drug action and when this will happen. Besides, understanding biochemical and physiological effects of the drugs and their mechanisms of action can provide the basic for the rational therapeutic use of the drugs and development of new and better therapeutic agents. More over, the adverse effects of the drugs and their toxicity can be expected by understanding a drug's mechanism(s) of action, its pharmacokinetics, and its interactions with other drugs. Thereby, both the pharmacodynamic properties of a drug and its pharmacokinetics promote the safe and successful therapy. It is necessary to remember that the effects of many drugs, both curative and maleficent, may differ widely from patient to patient due to genetic differences that alter pharmacokinetic and pharmacodynamic of a given drug.

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