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CURRENT VALUES OF A SINGLE MEN

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Introductions. Over the last 30 years, the number of marriages in Ukraine has decreased 3 times. In 2020, 168,000 marriages were officially registered, while in 1991 the number was 493,000.

This phenomenon is observed not only in our country, but also in Europe and America. To date, the fate of adult Americans who have never been married has reached a historic high. In 2020, one in five adults aged 30 and older was never married. Modern scholars argue that this phenomenon has a cultural cause, as marriage is becoming less important from a religious and social point of view. According to national European data, the average age of marriage for women is 33 years, for men 36 years, the number of marriages has fallen to historic lows in France and Spain and decreased in other Catholic countries such as Italy, Ireland, Poland and Portugal [1].

Aim. The aim of this study was to investigate the current values of single men. The study involved 44 single men who were never married between the ages of 32 and 40.

Materials and methods. In order to conduct the research, an author's questionnaire was created in Google form, which was posted on social networks.

Results and discussion. Men were asked to rank from 1 to 10 values relevant to them at the moment. The results are presented in table 1.

Table 1

Current values of a single man

Current values	Actual value	Rating significance
Economic prosperity, economic independence	3,31	1
Self-development, work on yourself	4,31	2
Healthy lifestyle, sports	5,30	3
Relationships with friends	5,45	4
Sexual relations	5,59	5
Professional growth, career	5,77	6
Hobbies	5,86	7
Family comfort, own family	6,40	8
Relationships with relatives, parents	6,77	9
Vacation	7,27	10

In the first place, among the proposed values, was chosen "Economic prosperity, economic independence."

Of course, in 30-40 years a man reaches maturity in all spheres of life and realizes himself in all spheres - physical, spiritual and material. In fact, for every man, his economic well-being is very important. It gives a sense of completeness, independence. In society, if a man has achieved success in the economic sphere, he is self-realized and is at a high personal level of development.

Of course, self-development can be considered in various fields, such as health, finance, intellectual sphere, spiritual or social growth. In the field of health - self-development is understood as proper nutrition, the presence of moderate physical activity, getting rid of bad habits, the formation of skills to combat stress.

Healthy lifestyle and sports are among the top three values of bachelors. Men sweat for hours in the gym, trying to create the perfect body.

Now let's look at the least important values of single men.

When we prescribed the value of "Rest", we did not prescribe it, did not explain what is meant, because rest for each person is an individual phenomenon. Recreation can be of two types - active and passive.

Active recreation includes, for example, sports, tourist trips, forest hikes, travel, swimming in the pool, etc.

Passive recreation includes watching movies, listening to music, reading books and more.

We attribute the location of this value in the last city to the fact that the age of the men we interviewed - the period of youth, or acmeological period, is a time of prosperity, manifestation of its highest achievements, when a person shows his maturity in all spheres of life and, above all, in professional activity. Modern single men are more focused on active life, gaining economic independence than on meeting the need for their own leisure.

"Family comfort, own family" and "relationships with relatives, parents" are the least important values for these men. Family values are formed in the child in direct interaction with parents in an atmosphere of love and support.

Conclusions. Based on our research, we can conclude that modern Ukrainian mature men are focused on economic prosperity, self-development and self-improvement. This indicates the predominance of individual values over family values, as neither relationships with relatives and parents nor starting their own family is a priority for them.

List of references

1. Pototska I., Leshchenko V., Matsko N., Ilnytskyi H. The image of the ideal woman of a modern single man. The 11th International scientific and practical conference "International scientific innovations in human life" (May 11-13, 2022) Cognum Publishing House, Manchester, United Kingdom. 2022. – P. 493-496.